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Filmmaker's doco tackles weight problems

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The latest doco by filmmaker and SAE Creative Media Institute graduate, Gerald Rascionato, details his transformation in body and lifestyle, and a weight loss of 35 kilograms.

Gerald graduated from SAE Byron Bay in 2010 with a Bachelor of Film Production, and has since gone on to direct Lionsgate and Universal's *Open Water 3: Cage Dive*,

among others.

According to SAE, Gerald has enlisted the help of current SAE students who are able to incorporate his *Down Size Me* project as part of their degrees.

'I went on a big weight-loss journey a couple of years ago – it taught me a lot about self-control, discipline, and eating in a specific window in order to maximise weight

loss', Gerald explained.

'One Meal A Day (OMAD) put me in the best shape of my life. It has been life changing for me, and I want to create a documentary on everyday Australians who are following the same journey'.

Pay it forward

'When I was a student at SAE, all I wanted to do was work on movies, so

that's why I want to pay it forward to up-and-coming filmmakers'.

Seenalekshmi, who is studying for a Bachelor of Film Production at SAE, is working as cinematographer on the film.

'Given Gerald went to SAE and he's done several feature films already, I had full confidence in the idea he pitched to us', Seenalekshmi said.